



Irvington High School and Middle School Menu



Breakfast Menu

Available every day!

All Breakfast **Must** Include Choice of:
One Grain, Fruit
And May Include:
Choice of Fat Free or 1% Low-Fat Milk with no rBST
or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns
Special Dietary Needs Please email
gloria.estrada@irvingtonschools.org

- ***Made to Order Omelet Station**- Toppings diced tomatoes, Onions, Peppers, Chicken Sausage, Mozzarella or Cheddar Cheese
- ***Bacon, Egg & Cheese Sandwich**- On wheat Bread
- ***Meatless Egg & Cheese Sandwich**- On Sliced Wheat Bread
- ***Wheat French Toast Sticks**- Served with 100% Maple Syrup
- ***Wheat Pancakes** – Served with 100% Maple Syrup
- ***Yogurt Parfait**- Greek Vanilla Yogurt, Fresh Blueberries & Granola
- ***Bagel Meal** - Bagel, 2 Cheese Stick and Fruit
- ***Daily Vegetables**–Hash Brown/Tater Tots offered daily
- ***Available Daily** –Orange, Apple and Banana

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This Institution is an equal opportunity provider.

Coffee Station available for High School
Students in both Atrium and Cafeteria locations

Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.



Irvington High School and Middle School Menu



Daily Offerings

Available every day!

- ***ACTION STATION**- Lo Mein Noodles Sautéed Fresh & Hot! Add vegetables of choice and diced chicken.
- ***GRAB n GO STATION**- Burgers & Chicken Sandwiches on a Bun
- ***SMOOTHIE STATION**- Yogurt blended with fruit and granola
- ***ACAI BAR**- Acai berry with choice of various toppings
- ***DELI STATION** - Made to Order Sandwiches with Boars Head products. Panini press option for a hot variation.
- ***DAILY VEGETABLES** - Carrot Sticks and Celery Sticks offered daily
- ***GOURMET PIZZA STATION**- Specialty Pizzas Daily along with Cheese, Pepperoni (P) and Turkey, Salami (P) and Mozzarella Cheese Stromboli
- ***WEDNESDAY BBQ** - Beef Burger, Hot Dog, Veggie Burger w/Toppings
- ***SALADS** - Grilled chicken Caesar salad
- *Apple, Oranges, Banana, Watermelon, Cantaloupe, Honeydew, Grapes, Strawberry, Blueberries and Pears

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include:

Choice of Fat Free or 1% Low-Fat Milk with no rBST
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